

## Capacity-building workshop series 2017

Building on our experience of facilitating workshops with activists who wanted to better identify, challenge and prevent gendered violence in their communities, there was a need to figure out ways to better support and increase capacity of activists currently supporting survivors involved in community accountability processes, safer spaces and consent activism across the UK.

This work can be very isolating, exhausting and challenging and commonly falls to a handful of individuals (often survivors) who can quickly become burnt out. We also wanted to create spaces to bring people together to talk about ways to build a network and develop this work so that it is more sustainable, reflective and intersectional as well as develop and share our skills and challenges in doing this work.

- All workshops are **free** although spaces are **limited**
- There is support available to pay for **travel expenses**
- All venues are accessible and lunch and refreshments will be provided
- The workshops are aimed at people who are doing work in activist groups to support survivors, accountability processes, safer spaces and consent

Email: thesalvagecollective@gmail.com for more information and to get registered. More info at: http://projectsalvage.wordpress.com

## Workshop 1: White supremacy 101, effective white allyship, mindfulness & antioppressive practice

Saturday 29 April 2017 10am-4:45pm

<u>Junction 3 Library</u> (Baptist Mills Court, Easton, Bristol, BS5 OFJ) **Facilitators: Katie Finnegan** (The Collective Liberation Project)

& Nate Eisenstadt (Kebele/EcoDharma)

At our research report-zine launch Camille Kumar (Imkaan) kindly offered us some questions to help us to interrogate white supremacy in our research that also has implications for our radical social justice activist practices and communities. In this workshop we will focus on understanding how oppression works, the need to value and centre marginalised perspectives and voices, and develop strategies for self-directed learning and tools that we can use in our everyday lives to create supportive and just communities.

## Workshop 2: Workshop facilitation skill-share/training Saturday 13 May 2017 10am-5pm Future Learn/Open University Camden

(1-11 Hawley Crescent, Camden Town, London, NW1 8NP)

Facilitator: Hannah Lewis (Navigate)

A workshop that focuses on developing the skills and confidence to design and facilitate engaging and experiential workshops on issues such as sexual violence and consent. We'll share experiences of facilitating workshops, ideas about how people learn, and some tips of the trade that we've picked up over the years. You'll apply all this to design your own workshop session, practice facilitating, and receive feedback from peers.

## Workshop 3: Sustainable activism Sunday 14 May 2017 10am-5pm The Common House

(Unit 5E Pundersons Gardens, Bethnal Green, London E2 9QG)

Facilitators: Molly Carroll & Kathryn Tulip (Navigate)

There can be enormous challenges in consistently facing and seeking to transform society, which take their toll on us – impacting our relationships, our mental, physical and emotional wellbeing and the effectiveness of our work. To help us stay nourished, creative and inspired to continue this work, we need to value our own health and wellbeing, develop practices that increase our resilience, support each other and create ways of organising together that help us thrive. Through a selection of individual, pair and group reflections and exercises we will explore tools and perspectives which value our wellbeing and sustainability.

Workshop 4: Salvage collective strategy day Saturday 17 June 2017 10am-5pm Future Learn/Open University Camden

(1-11 Hawley Cres, Camden Town, London, NW1 8NP)

Facilitator: Hannah Lewis (Navigate)

What's next for us all? We will spend a day developing our strategy to help us get to grips with the issues we're facing, and get clear how we can do this work more effectively. We will work on narrowing down bigger picture problems into more manageable parts and use creative tools to help us learn skills for strategy and develop a birds-eye view on the future of our work.